

BREASTFEEDING SUPPORT GROUPS

Holiday Schedule 2022-23



Friday, Dec. 23

- Paul Reynolds Centre, 10:30 a.m. - 12:00 p.m.
- Reid Centre, 10:30 a.m. - 12:00 p.m.
- Holyrood Public Library, 1:00 p.m. - 2:00 p.m.

Wednesday, Dec. 28

- Kenmount Terrace Community Centre, 10:30 a.m. - 12:00 p.m.
- Heart's Delight Town Hall, 1:30 p.m. - 2:30 p.m.
- Marystown Community Health Office, 1:30 p.m. - 3:00 p.m.

Thursday, Dec. 29

- Lethbridge Community Health Office, 1:30 p.m. - 2:30 p.m.
- Clarke's Beach Town Hall, 2:00 p.m. - 3:00 p.m.
- Whitbourne Community Health Office, 2:00 p.m. - 3:00 p.m.
- Carbonear Community Health Office, 11:00 a.m. - 12:00 p.m.
- Village Mall, 1:00 p.m. - 2:30 p.m. *(Lower level. Near the escalators.)*

Friday, Dec. 30

- Paul Reynolds Centre, 10:30 a.m. - 12:00 p.m.
- Holyrood Public Library, 1:00 p.m. - 2:00 p.m.

Tuesday, Jan. 3

- St. Thomas Line Community Centre, 1:00 p.m. - 2:30 p.m.
- CBS Arena, 2:00 p.m. - 3:00 p.m.



Wednesday, Jan. 4

- Heart's Delight Town Hall, 1:30 p.m. - 2:30 p.m.
- Marystown Community Health Office, 1:30 p.m. - 3:00 p.m.
- Kenmount Terrace Community Centre, 10:30 a.m. - 12:00 p.m.
- Goulds Family Resource Centre, 2:00 p.m. - 3:30 p.m.
- Bay Bulls Community Health Office, 1:00 p.m. - 2:00 p.m.

Thursday, Jan. 5

- Lethbridge Community Health Office, 1:30 p.m. - 2:30 p.m.
- Clarke's Beach Town Hall, 2:00 p.m. - 3:00 p.m.
- Whitbourne Community Health Office, 2:00 p.m. - 3:00 p.m.
- Village Mall, 1:00 p.m. - 2:30 p.m. *(Lower level. Near the escalators.)*

Friday, Jan. 6

- Paul Reynolds Centre, 10:30 a.m. - 12:00 p.m.
- Reid Centre, 10:30 a.m. - 12:00 p.m.
- Holyrood Public Library, 1:00 p.m. - 2:00 p.m.

Regular BFSG schedule will resume
on **Monday, January 9, 2023.**

Revised Dec. 6, 2022