



Breastfeeding Support Group Holiday Schedule 2023 (Eastern Zones)

December 27, 2023 – January 3, 2024

DATE	SITE
Wednesday, December 27	<ul style="list-style-type: none"> • Reid Community Centre, Mount Pearl 10:30 AM - 12:00 PM • Bay Bulls Community Health Office 1:00 PM - 2:00 PM • Hearts Delight Town Hall 1:30 PM- 2:30 PM
Thursday, December 28	<ul style="list-style-type: none"> • Village Mall, St. John’s 1:00 PM - 2:30 PM • CBS Public Library 2:00 PM - 3:00 PM • Carbonear Community Health Office 11:00 AM - 12:00 PM • Bay Roberts Community Health Office 2:00 PM- 3:00 PM • Clarenville Community Health Office 1:30 PM - 3:00 PM • Whitbourne Community Health Office 2:00 PM- 3:00 PM • Placentia Community Health Office 11:30 AM - 12:30 PM
Friday, December 29	<ul style="list-style-type: none"> • Paul Reynolds Centre, St. John’s 10:30 AM - 12:00 PM • Holyrood Public Library 1:00 PM - 2:00PM • Marystown Community Health Office 1:30 PM - 3:00 PM
Tuesday, January 2	<ul style="list-style-type: none"> • Placentia Community Health Office 11:30 AM - 12:30 PM • St. Thomas Line Community Centre, Paradise 1:00 PM - 2:30 PM
Wednesday, January 3	<ul style="list-style-type: none"> • Kenmount Terrace Community Centre, St. John’s 10:30 AM - 12:00 PM • Goulds Family Resource Centre 2:00 PM - 3:30 PM • Bay Bulls Community Health Office 1:00 PM - 2:00 PM • Hearts Delight Town Hall 1:30 PM- 2:30 PM • Carbonear Community Health Office 11:00 AM - 12:00 PM

Dec 25, 26, and Jan 1 - All Groups Cancelled

All groups resume regular scheduling January 4, 2024

Please [contact your local public health office](#) with any breastfeeding concerns or issues.