

# Baby Supplies



NL Health  
Services

## CHECKLIST

### Nursing

- Bibs
- Receiving Blankets
- Breast Pump
- Nursing Bra/Pads
- Nursing Pillow

### Feeding

- High Chair
- Plates & Bowls
- Cups & Utensils
- Storage Bags

### Nursery

- Crib & Mattress
- Bassinet
- Changing Table
- Changing Pad
- Storage Basket
- Nightlight

### Bath

- Baby Diapers
- Diaper Pail
- Baby Washcloths
- Baby Bathtub
- Baby Soap & Shampoo

### Clothing

- Onesies/Sleepers
- Mittens & Hats
- Footie Pajamas
- Socks or Booties
- Sweater or Jacket
- Undershirts
- Leggings

### Other

- Stroller
- Diaper Bag
- Thermometer
- Swaddling Blanket
- Baby Monitor
- Toys
- Baby Bouncer or Swing

**Note:** some of these items are optional. For more information: [hi.easternhealth.ca](http://hi.easternhealth.ca)