

Questions to ask your Health-care Provider

About Labour and Delivery



1 How will I know that the baby is coming and it's time to go to the hospital?

2 What are emergency signs to watch out for?

3 What are my options for pain relief?

4 What is an epidural? What are the side effects of having one?

5 Will I have to have an intravenous (IV) line during labor?

6 What scenarios might happen that can affect my birth plan?

7 Is there an option to shower or bath during labour?

8 What is the normal period of hospitalization for a vaginal delivery? For a cesarean delivery?

9 How many people are allowed to be with me during labor and delivery?