Breastfeeding Support Group

Holiday Schedule

Eastern Rural Zone



Monday, December 23rd

- Clarenville Community Health Office, 1:30 3:00 PM
- Marystown Community Health Office, 1:30 3:00 PM
- Whitbourne Community Health Office, 1:30 2:30 PM

Tuesday, December 24th

- Placentia Public Library, 11:30 AM- 12:30 PM
- Carbonear Community Health Office, 2:00 3:00 PM

Friday, December 27th

- CBS Public Library, 10:00am 11:30am
- Holyrood Community Health Office, 1:00 2:00 PM

Monday, December 30th

- Clarenville Community Health Office, 1:30 3:00 PM
- Marystown Community Health Office, 1:30 3:00 PM

Tuesday, December 31st

Carbonear Community Health Office, 2:00 -3:00 PM

Thursday, January 2nd

- Whitbourne Community Health Office, 2:00 3:00 PM
- Hearts Delight Town Hall, 1:30 2:30 PM
- Lethbridge Community Health Office, 1:30 2:30 PM
- Bay Roberts Community Health Office, 2:00 3:00 PM
- Placentia Public Library, 11:30 12:30 PM

Friday, January 3rd

- CBS Public Library, 10:00 11:30 AM
- Holyrood Community Health Office, 1:00 2:00 PM



No Groups on Dec 25, 26 & Jan 1

Groups resume to regular schedule Thursday, January 6, 2025

Please contact your Public Health Nurse with any questions



