

BREASTFEEDING SUPPORT GROUPS

Eastern Rural Zone

Monday

- Clarendville Community Health Office, 1:30 - 3:00 p.m.
- Marystown Community Health Office, 1:30 - 3:00 p.m.

Tuesday

- CBS Public Library, 2:00 - 3:30 p.m.
- Placentia Public Library, 11:30 a.m. - 12:30 p.m.
- Bonavista, Dr. Hilda Tremblett Wellness Centre, 1:00 - 2:30 p.m.
- Carbonear Public Library, 2:00 - 3:00 p.m.

Wednesday

Heart's Delight Town Hall, 1:30 - 2:30 p.m.

Thursday

- Whitbourne Community Health Office, 2:00 - 3:00 p.m.
- Bay Roberts Community Health Office, 2:00 - 3:00 p.m.
- Lethbridge Community Health Office, 1:30 - 2:30 p.m.

Friday

Holyrood Public Library, 1:00 p.m. - 2:00 p.m.



**NL Health
Services**