

BREASTFEEDING SUPPORT GROUPS

Eastern Urban Zone

Monday

Torbay Common, 10:30 a.m. - 12:00 p.m.

Tuesday

St. Thomas Line Community Centre, 2:00 p.m. - 3:30 p.m.

Wednesday

- Kenmount Terrace Community Centre, 10:30 a.m. - 12:00 p.m.
- Goulds Family Resource Centre, 2:00 p.m. - 3:30 p.m.
- Bay Bulls Community Health Office, 1:00 p.m. - 2:00 p.m.

Thursday

Village Mall, 2:00 p.m. - 3:30 p.m.
Lower level. Near the escalators.

Friday

- Paul Reynolds Centre, 10:30 a.m. - 12:00 p.m.
- Reid Centre, 10:30 a.m. - 12:00 p.m.



**NL Health
Services**