

# BREASTFEEDING SUPPORT GROUPS

## *Eastern Urban Zone*

Monday

Torbay Common, 10:30 a.m. - 12:00 p.m.

Tuesday

St. Thomas Line Community Centre, 2:00 - 3:30 p.m.

Wednesday

- Kenmount Terrace Community Centre, 10:30 a.m. - 12:00 p.m.
- Goulds Family Resource Centre, 2:00 - 3:30 p.m.
- Bay Bulls Community Health Office, 11:00 a.m. - 12:00 p.m.

Thursday

Village Mall, 2:00 - 3:30 p.m.  
*Lower level, near the escalators.*

Friday

- Paul Reynolds Centre, 10:30 a.m. - 12:00 p.m.
- Reid Centre, 10:30 - 12:00 p.m.



**NL Health  
Services**